

# Washing and Sanitising Fruit and Vegetable

This is a two-step process and is best performed at a double bowl sink.



## Step 1 | Clean

- 1. Submerge or rinse product in cleaning solution.
- 2. Agitate solution on the surface skin of the product to remove dirt.



There is no prescribed contact time for the cleaning solution.



## Step 2 | Sanitise

- 1. Transfer product to second sink bowl.
- 2. Submerge or rinse produce in the sanitising water.



Minimum contact time of 2 minutes.

- For fruit and vegetables with **rough skin surfaces**, such as Rockmelon, a minimum 3 minute of Sanitiser contact time is recommended.
- For any fruit or vegetables where there is no cooking step after preparation such as RTE products (**Ready to Eat**), then a 2 minute contact time is recommended.
- · Always check with the chef if a product requires further time.

### **Best Practise**

Refresh both solutions for each product you are preparing.

Always rinse sinks with fresh water at the end of your shift.

#### No PPE required







#### Non hazardous

